



# The Whitehursts' Dry Cleaning News

The Best Dry Cleaning Ever...Or It's Free!

MAY 2019



*Mark and Family      David and Sherry*

## Kitty – Life on Her terms

Have you known people who are truly independent? These are people who make their own decisions for their own reasons and can't be swayed by others?

In case you've never met someone like this, let me introduce you to Kitty, the personification of "independent."

I've known Kitty for about 20 years. She married my Dad in 2000 following my Mom's passing in 1998. Unfortunately, my Dad passed away in 2002 but I continued my relationship with Kitty until her death this past December at age 95. Over those years, I learned she was kind, sharing, active, and quite independent.

Kitty had undergraduate and graduate degrees from Birmingham Southern. In her professional life, Kitty served the community as Executive Director of the Mental Health Association. She also taught sociology at Jeff State. She even taught line dancing at the senior center in Cahaba Heights when she was in her 90s. She lived an active and caring life.

Kitty was driven by her desire to take care of herself and to help others. Kitty continued to drive her car until her last days so she could check on people or

even take them a meal when needed. Sometimes it was little things she would do for others. She wrote notes to people who were sick. She would leave a bottle of water and a \$1.00 bill on her trash can each week for the guys who picked up her trash.

Her independence was essential to her existence. I once suggested she consider moving into an assisted living facility where she would have help when needed. She let me know, rather emphatically, that she would have nothing to do with that. I never brought up that subject again. She refused to give up her freedom to do the things that she lived to do – which was helping other people.

A great deal of her independent nature was because she didn't want to be a burden on anyone, especially her children and grandchildren. One day this past December, she wasn't feeling well and dropped by the local fire station to have her blood pressure checked. Low blood pressure resulted in a call to an ambulance and trip to the hospital.

Kitty was released from the hospital a few days later. No one in her family knew she had been in the hospital. She didn't

tell her daughters when they called. I suppose she didn't want to burden them.

Not long after her release from the hospital, her daughters were unable to reach her by phone. Both daughters live out of state, so they called the Vestavia Hills Police Department. They found her on the floor of her home. The police weren't sure how long she had been there. Kitty didn't want to be a burden, in life or death, on anyone.

The police found a note in her car with the names and phone numbers of her daughters. They later discovered that she asked someone at the fire station when she had her blood pressure checked to take her dog to the vet for boarding. It seems like she knew what was happening and she didn't want her dog to be in danger.

They say you are born alone - and you die alone.

Kitty lived a full life on her terms and didn't want anyone else to tell her how to live.

*David*



“Did You Know Where This Saying Came From...”

# KNUCKLE DOWN

Meaning: If someone says they're going to “knuckle down,” then that means they are going to get serious. They are done playing around!

Origin: The origin of this expression is not certain, however, there's a theory that alludes to the game of marbles as being responsible. Marbles have been enjoyed by children and even adults for a very long time now. In fact, there are examples of marbles that have been found that are said to be thousands of years old, from ancient Egypt. Here is the

the marble in place with their bent index finger, they'll aim and flick it with their thumb. I'm not entirely sure if it's required for players to shoot with their knuckles down or if they can just roll it however they like. Anyways, the phrase goes back to at least the 18th century. It is written in a book called A New General English Dictionary; Peculiarly calculated for the Use and Improvement Of such as are unacquainted with the Learned Languages, which was first worked on by Thomas Dyche. Then later, it was finished by William Pardon around the



basic gist of how marbles are played: It's a game about aiming and precision. The goal is to hit your opponents' marble with your own from a set distance. This is done by rolling the marble along the ground. When getting ready to roll the marble, the player puts their knuckles down to the ground (hence the phrase) in a fist-like fashion. Then, while holding

year 1740. A part of the book defines the words knuckle and knuckle down, and it reads like so, “To stoop, bend, yield, comply with, or submit to; and is a particular phrase used by lads, at a play called taw, wherein they frequently say, “knuckle down” to your taw, or fix your hand exactly in the place where your marble lies.”

## CLEANING YOUR STAINLESS STEEL KITCHEN SINK

Does your stainless steel sink look like a sink at the bus station?

**Here is an easy method to make it sparkle:**

1. Remove any food scraps and rinse out the sink with water
2. Sprinkle baking soda liberally over the entire surface of the sink, including the walls
3. Use a sponge or soft cloth to buff the sink. Baking soda is mild abrasive but it will not scratch the stainless steel.
4. Cut a lemon in half and squeeze the juice of one half on the surfaces. Take the other half and use it like a scrubber over the entire surface.
5. After scrubbing with the lemon, pour white vinegar over the baking soda and watch it fizz. Use just enough vinegar to dissolve the baking soda. You can put the vinegar in a spray bottle to apply to make it easier.
6. You can stop here – or go for the real sparkle. Pour a drop or two of olive oil on a soft cloth or paper towel and rub in the direction of the grain. Wipe off any excess and admire your sparkling sink.



**WE ARE AN OFFICIAL  
CORPORATE PARTNER OF  
SAMFORD ATHLETICS**

## CUSTOMERS OF THE MONTH!

### Congratulations to

**Karla Sanford (Rocky Ridge) | Lynne Powell (Greystone)**  
**Earl Holley (Calera) | Joel Dillard (Crestline)**

Our Customers of the Month are recognized by our Customer Service Specialists because they are a pleasure to serve..  
Each receives a \$25 Champion Cleaners gift certificate



### 10% OFF

**DRY CLEANED BLOUSES  
& SHIRTS**

Offer Excludes Laundered Dress Shirts/Blouses  
**Minimum 5 Items - Limit 12**

Good for orders received in May  
Offer Expires May 31, 2019  
One Coupon Per Household  
Cannot be combined with any other offer

### 15% OFF

**SWEATERS**

**Minimum 3 Items - Limit 10**

Good for orders received in May  
Offer Expires May 31, 2019  
One Coupon Per Household  
Cannot be combined with any other offer

## FREE DRY CLEANING AND LAUNDRY PICKUP AND DELIVERY

**Service Options**  
(within our service area)

- Regular Twice-A-Week Pickup and Delivery
- One Way Service (you drop off and we deliver - or vice versa)
- On Demand - Call us for a pick up and we do the rest

**Call Billy Mims at 205.602.3842**

### 10% OFF

**COMFORTERS, BEDSPREADS,  
DUVET COVERS**

**Limit 10**

Good for orders received in May  
Offer Expires May 31, 2019  
One Coupon Per Household  
Cannot be combined with any other offer

### 15% OFF

**DESIGNER HANDBAGS,  
CLUTCHES, TOTES &  
BACKPACKS**

**Limit 4**

Good for orders received in May  
Offer Expires May 31, 2019  
One Coupon Per Household  
Cannot be combined with any other offer



#### Rocky Ridge Cleaning Center

2548 Rocky Ridge Road Vestavia Hills, AL 35243

205.824.7737

#### Greystone Cleaning Center

5403 Highway 280, Suite 101 Hoover, AL 35242

205.408.2797

#### Calera Cleaning Center

4204 Highway 31 Calera, AL 35040

205.668.4727

#### Crestline

42-A Church Street, Mtn. Brook AL 35213

205.871.2962

## Mother's Day

Mother's Day is centuries old. Mother's Day goes all the way back to ancient Greeks, where festivities were held to honor Rhea, the mother of the gods. When the English colonists settled in America, they discontinued Mother's Day because of lack of time. In 1872, Julia Ward Howe organized a day recognizing mothers. In 1907 Anna Jarvis, a schoolteacher in



Philadelphia set up a national Mother's Day in honor of her mother. She solicited hundreds of legislators and businessmen to create a special day to honor mothers. Mother's Day is very popular and is celebrated all over the world. The second Sunday in May is now known as Mother's Day.  
**Remember your Mother this year!**





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**NEWSLETTER MAY 2019**

**Beside the normal stuff, we also clean:**

- Wedding Gowns
- Area Rug Cleaning
- Suedes and Leathers
- Purses, luggage and backpacks
- Ugg Boots

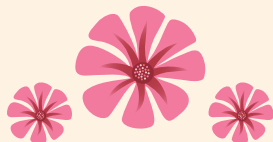
**And we do...**

1. We are a Certified Wedding Gown Specialist
2. We are part of the Certified Restoration Drycleaning Network (CRDN) - We handle textile and electronics restoration due to damage from smoke, fire, water and mold.
3. Home and office dry cleaning pickup and delivery
4. Wash Dry & Fold service - including Champion Hamper service



# Mother's Day Jokes

- *Sunday school teacher: Tell me, Johnny. Do you say prayers before eating?*  
*Johnny: No, ma'am, I don't have to. My mom's a good cook.*
- *Erin: What did the mother bullet say to the daddy bullet?*  
*Fran: What?*  
*Erin: "We're gonna have a BB!"*
- *Elephant: Why do mother kangaroos hate rainy days?*  
*Hippo: I give up.*  
*Elephant: Because their kids have to play inside!*
- *Mother to son: I'm warning you. If you fall out of that tree and break both your legs, don't come running to me!*
- *A mother mouse and a baby mouse are walking along when suddenly a cat attacks them. The mother mouse shouts "BARK!" and the cat runs away. "See?" the mother mouse says to her baby. "Now do you see why it's important to learn a foreign language?"*



# Time To Do This...

- Clean Garbage Disposal
- Have Air Conditioner Serviced
- Clean Glass on Windows and Doors
- Repair and Clean Window Screens
- Repair and Touch Up Siding and Trim
- Clean and Refinish Wood Deck
- Clean Outdoor Patio Furniture
- Maintain Lawn Mower