



The Whitehursts'

Dry Cleaning News

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AUGUST 2021



Mark and Family David and Sherry

The Lady

She's an attractive lady, a bit younger than me. I have known her for years and she's always happy and friendly to everyone, even total strangers. She's the person in the grocery store that a frantic guy would ask for help when searching for the right kind of lady product for his wife. But on that day, she had a distant look in her eyes.

We found a seat and began talking. Small talk at first but it evolved into a serious discussion about what she was going through. Her husband has been diagnosed with squamous cell carcinoma – a fancy name for a dirty word - CANCER!

Surgery soon followed. He went into to the surgery believing it was either stage 2 or stage 4. That range is a huge difference in someone's life. The wait for the results was unnerving.

Four months after the first surgery, he had a second one to remove another malignant tumor from his gum. There were two other surgeries in between those due to complications.

The doctors told her that they removed all the cancer both times. Even better, the cancer had not moved into the soft tissues, the lymph nodes, or the bone in his mouth. His cancer was tagged as stage 1.

She was relieved. But the two occurrences withing a few months mean he is likely to

get it again, maybe in his gum and maybe somewhere else. Even though they got it all, the doctor said that "Once you've had cancer, you have cancer." That's a haunting statement.

The Lady looked lost, as if she didn't know what to do or how to think.

It's the uncertainty that troubles her. She knows the cancer is gone for the moment but every three months her husband gets another CT scan and oral exams six times a year looking for other signs of trouble. Fear of the unknown is her burden.

The Lady said her husband feels bad complaining about his situation when he thinks of so many others who have it much worse than him. He hasn't needed chemo or radiation therapy because surgery "got it all." She's happy about that. And while she has plenty of hope, she carries a ton of uncertainty – Will it come back? Will it get worse?

As I'm listening to her story, the many friends I know who battled cancer came to mind. Ann lost her daughter, Kathryn, to brain cancer after five years of struggle. Rebecca is gallantly fighting stage 4 breast cancer with the husband, Rhett. Susan's daughter is also engaged in a war with stage 4.

The Lady confessed that she has trouble

talking about it with her husband. She said she's happy to take care of him; to do whatever she can while he recovers. But talking about the long term is tough. She has Ann as a close friend, and she talks with her. That's been her only relief. I can tell the Lady is suffering on the inside.

They've been together for a long time, and she can hardly remember life without him. Trying to imagine life alone only brings tears to her eyes and a lump in her throat. That's when she can't talk anymore.

She tried to reassure him by saying, "You'll be OK." She said that was about all she could think to say.

I've come to realize that those who love a victim of cancer also suffer greatly. Whether it is cancer or some other disease. Their suffering is mental, but it is still suffering. Ann, Rhett, Susan, and the Lady are all "Co-Survivors" of that dirty word.

Before we parted, the Lady said, "Thanks for talking. We'll be OK."

Aptly said, because she is a Co-Survivor going through cancer just as much as him.

Sherry, chin up! I agree, WE will be OK.

David



“Did You Know Where This Saying Came From...”

Cat Got Your Tongue?

Meaning: The idiom is used to compel someone to speak, say something, or give a response when they are (unusually) quiet. It is often said by adults to children. When someone is speechless or without words (sometimes out of surprise) you will say “Cat got your tongue?” to prompt them to react.

Origin: The English Navy used to use a whip called “Cat-o’-nine-tails” for flogging. The pain was so severe that it caused the victim to stay quiet for a long time. Another possible source could be from ancient Egypt, where liars’ and blasphemers’ tongues were cut out and fed to the cats.



CLEANING POD COFFEE MAKERS IN 3 EASY STEPS

Do you ever clean your coffee maker? You should because it will make your coffee taste fresher. Here are three easy steps to better tasting coffee – but first disconnect your coffee maker from the power outlet.

1. Wipe out the space where you place the pods with a damp cloth or paper towel. Watch out for the sharp point that pierces the pod. A brush or sponge will help get in the small spaces.
2. Descal your machine to remove the magnesium and calcium that can build up. Use a 50:50 mix of water and vinegar in the reservoir and run it through the coffee maker without a coffee pod. Don't forget to put a mug in place to catch the mixture. Run this water/vinegar mix two or three times the same way you make a cup of coffee (without the coffee pod). Then rinse the reservoir with clean water. Fill it with clean water and run two or three cycles through the coffee maker to remove the vinegar.
3. Wipe down the maker with a damp cloth.

That's all there is to it. This simple process will improve the flavor of your coffee and generally make it cleaner.



Cute As A Button

Meaning: Adorable

Origin: This phrase would be best suited for a small child or flower. CUTE AS A BUTTON - “cute, charming, attractive, almost always with the

connotation of being small, 1868 (from the original 1731 English meaning of ‘acute’ or clever). Cute as a bug’s ear, 1930; cute as a bug in a rug, 1942; cute as a button, 1946.

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Rocky Ridge Cleaning Center
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 205.824.7737

Greystone
 5403 Highway 280, Suite 101 Hoover, AL 35242
 205.408.2797

Calera Cleaning Center
 4204 Highway 31 Calera, AL 35040
 205.668.4727

Crestline
 42-A Church Street, Mtn. Brook AL 35213
 205.871.2962

End of Summer



It's awfully hard to say goodbye to summer. Rather than wish it weren't passing by so quickly, take time to really enjoy summer. Here are a few ideas you may wish

- to try:**
- ▶ **Throw a beach party.** Even if you don't live on the beach, decorate with beach umbrellas, lounge chairs, and cute umbrella drinks.
 - ▶ **Take weekend trips the entire month of August.** You've probably already used up your two week vacation, but by taking short trips, but staying overnight at least one night, makes it seem like you had a longer summer vacation.
 - ▶ **Have an outdoor movie night and invite the neighbors.** Serve hot dogs, soft drinks, and of course, popcorn!

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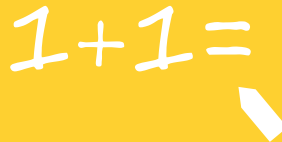
Beside the normal stuff, we also clean:

- Wedding Gowns
- Area Rug Cleaning
- Suedes and Leathers
- Purses, luggage and backpacks
- Ugg Boots
- Wash Dry & Fold

And we do...

1. We are a Certified Wedding Gown Specialist
2. We are part of the Certified Restoration Drycleaning Network (CRDN) - We handle textile and electronics restoration due to damage from smoke, fire, water and mold.
3. Home and office dry cleaning pickup and delivery
4. Wash Dry & Fold service - including Champion Hamper service

There are 3 kinds of people in this world...those who are good at math, and those who aren't.



MATH PROBLEMS?

Call 1-800-[(10x)(13i)^2]-[sin(xy)]/2.362x]

Summer vacation was over and Little Johnny returned back to school. Only two days later his teacher phoned his mother to tell her that he was misbehaving. "Wait just a minute," she said. "I had Johnny with me for three months and I never called you once when he misbehaved couldn't you show me the same courtesy?"

And God said, "Let there be Satan, so people don't blame everything on me. And let there be lawyers, so people don't blame everything on Satan." -George Burns

Time To Do This...

- Organize three small areas in your home
- Plan your fall calendar
- Run dehumidifier in basement
- Hire someone to reseed your lawn in September
- Backwash pool filter
- Trim shrubs, bushes and hedges
- Back to school shopping
- Budget
- Plan Birthdays
- Plan Labor Day Weekend
- Plan final summer vacation