



The Whitehursts' Dry Cleaning News

Ready to Wear. Every Time. Guaranteed!

OCTOBER 2021



Mark and Family David and Sherry

Advice from a Rookie Cook

Cooking at our house was mostly something to provide nutrition. Not a science or an art. Just good food. No complaints. Food was served. I ate it.

During the pandemic, I decided to take online cooking classes to learn the right way to cook. I needed help because my knowledge of cooking was limited to scrambled eggs and popcorn.

Along this trail, I learned a few really important things that I'll share with you. For the rookie cook as I am, these were revelations. Experience is a great teacher so I thought I would share some of my new-found knowledge.

Fire is Hot!

Don't use a towel as a potholder. If you don't gather the full length of towel to lift a lid, it will catch on fire. And did you know that a potholder left too close to the flame will burn, too? I never knew that.

Fire Is Hot - Part 2

Pretty potholders and oven mitts don't always protect your hands. I learned that the closer the oven mitt fits your décor, the more likely you are to burn your hand when handling hot dishes.

Don't Grab Your Knife

If you place your chef's knife too close to the edge of your counter and it falls off the counter, don't grab it with your hand. It can

cut at least two fingers when you do that.

Grocery Shopping is Complicated

A little research found that a typical grocery store stocks 39,500 different items. That's a lot of items to sort through on shopping day. Did you know that my local Publix carries 14 different types of Cheerios (I counted them)? Did you know that there are 98 different canned tomato products that can all be produced with a fresh tomato? Almost all food items in a store can be produced by about 100 fresh items. But it sure is a time saver to buy pasta and tomato sauce in a ready to use form.

Cleaning

Be sure to clean up carefully, but it's OK to lick your fingers if no one is watching.

Ingredients You Can't Overuse

There are certain ingredients that you can't overuse when creating a tasty meal. Cheese, bacon, and butter top my list. Brussel sprouts are good, but bacon is great. Skip the calorie count and promise yourself to never skimp on these tasty treats.

Don't Follow the Recipe on the Box

Early in my learning journey, I decided to make Mac & Cheese. I followed the instructions on the pasta box dutifully. I made the roux. I used three different cheeses and bacon to blend the flavors. And it was great. I guess I didn't realize how much pasta is in a 2 lb. box of elbow macaroni. Now I know that I don't have to cook the entire contents of a box of pasta even though the instructions clearly say

so. But if you do, you'll have tasty leftovers for 37 days.

Baking

I love baking where precise measurements are vital. A change in the amount of flour, butter, or sugar changes the outcome. Baking must be based on weight and not volume. I also learned that the more I bake, whether it's bread, cookies, or cakes, the more weight I gained. I'm guessing that flour, butter, and sugar have a lot of calories.

Before I started cooking, we only occasionally, had pasta, potatoes, scones, or desserts at home. Unfortunately, I can quickly overeat carbs.

This led me to find healthier foods to bake, like carrots, zucchini, and pumpkin. I've learned to bake carrot cake, zucchini bread, and pumpkin pie!

Stay healthy my friends!

Any comments? Email me at David@ChampionCleaners.com



“Did You Know Where This Saying Came From...”

A Dead Ringer



Meaning: An exact duplicate.

Origin: A ringer is a horse substituted for another of similar appearance in order to defraud the bookies. This word originated in the US horse-racing fraternity at the end of the 19th century. The word is defined for us in a copy of the Manitoba Free Press from October 1882: “A horse that is taken through the country and trotted under a false name and pedigree is called a ‘ringer.’” So, ‘dead ringer’ is literally the same as

‘exact duplicate’. It first came into use soon after the word ringer itself, in the US at the end of the 19th century. The earliest reference found that confirms the ‘exact duplicate’ meaning is from the Oshkosh Weekly Times, June 1888, in a court report of a man charged with being ‘very drunk’: “Dat ar is a markable semlance be shoo”, said Hart looking critically at the picture. “Dat’s a dead ringer fo me. I nebber done see such a semblence.” That’s how they talked then--go figure!

A Dark Horse

Meaning: Someone who emerges to prominence; being previously little known.

Origin: This was originally horse racing parlance. A dark horse was one that wasn’t known to the punters and was difficult to place odds on. The figurative use later spread to other fields and has

come to apply to anyone who comes under scrutiny but is previously little known. Benjamin Disraeli provides the earliest known reference to the phrase in The Young Duke, 1831: “A dark horse, which had never been thought of ... rushed past the grand stand in sweeping triumph.”



REMOVING PERSPIRATION STAINS

As everyone knows, stains from perspiration are usually found on the underarm area of your shirt. However, any area of the body that contacts a garment can result in a perspiration stain.

Perspiration contains fats, oils, and moisture containing impurities that may vary from person to person. Using deodorant may help reduce a perspiration stain. But it does not completely prevent perspiration and may even add to the impurities deposited on your clothes. Perspiration stains may be invisible at first but with age and the heat of drying and ironing after cleaning can cause the stain to discolor the garment. An untreated perspiration stain on silk may cause the fabric to become weak and unable to withstand normal use.

In the case of a dry-cleanable garment, the stain can contain water-soluble impurities and which means it can often be removed by dry cleaning. We use special detergents and formulas to help remove perspiration stains. However, successful removal of perspiration stains is not 100% for every garment or every dry cleaner.

If you have a garment that you expect could have a perspiration stain, let us know because they may not be visible at the time of our initial inspection.

Your best bet to avoid perspiration stains is to wear tee shirts or perspiration shields under your better shirts and tops. However, proper cleaning should get 80% or more of these stains out of your clothing if treated when first contacting perspiration.

CHAMPION CLEANERS

VOTED BEST OF ...

- Birmingham
- Vestavia Hills
- Hoover
- Mountain Brook
- Shelby County

10% OFF

**DRY CLEANED GARMENTS
EXCLUDES LAUNDERED
SHIRTS AND BLOUSES**

Minimum 3 Items - Limit 20

1 coupon per household. Free Pickup & Delivery
Good for orders received in October
Offer Expires 10/31/21
Cannot be combined with any other offer

25% OFF

**LAUNDERED DRESS SHIRTS
& BLOUSES (COTTON)**

Limit 10

1 coupon per household. Free Pickup & Delivery
Good for orders received in October
Offer Expires 10/31/21
Cannot be combined with any other offer

SWEATERS

2 FOR 1

Minimum 4 items - Limit 12

1 coupon per household. Free Pickup & Delivery
Good for orders received in October
Offer Expires 10/31/21
Cannot be combined with any other offer

20% OFF

**COMFORTERS &
BEDSPREADS**

Limit 5

1 coupon per household. Free Pickup & Delivery
Good for orders received in October
Offer Expires 10/31/21
Cannot be combined with any other offer

**FREE DRY CLEANING AND
LAUNDRY PICKUP AND DELIVERY**

Service Options
(within our service area)

- Regular Twice-A-Week Pickup and Delivery
- One Way Service (you drop off and we deliver - or vice versa)
- On Demand - Call us for a pick up and we do the rest

Call Billy Mims at 205.602.3842



Rocky Ridge Cleaning Center
2548 Rocky Ridge Road Vestavia Hills, AL 35243
205.824.7737

Greystone
5403 Highway 280, Suite 101 Hoover, AL 35242
205.408.2797

Calera Cleaning Center
4204 Highway 31 Calera, AL 35040
205.668.4727

Crestline
42-A Church Street, Mtn. Brook AL 35213
205.871.2962

Packed Pumpkins

Have you ever tried to bake a casserole inside a pumpkin? This is a terrific way to use pumpkin, which is incredibly healthy, and make a festive meal during the month of October. You can make your traditional casserole, pour it into a pumpkin that has been cleaned and will fit into your oven. Bake as you normally would, perhaps adding an additional 20 minutes to make sure the pumpkin is completely cooked as well. Serve hot directly from the pumpkin, scraping some of that beta-carotene packed orange pumpkin alongside your usual casserole. Do this in smaller pumpkins for



a kid-sized treat. Just make sure that your pumpkin will sit upright. If it tips a bit, cut off just a small portion on the bottom to help stabilize it. This is an all-time favorite meal in many families.

**WE RECYCLE
HANGERS**

**Did you know that there is a
hanger shortage in the USA?
And did you know that we
recycle hangers?**

Rather than throw them out to be taken to the land fill, please return your unneeded hangers and we will reuse your hangers. We would appreciate if you would sort them into like kinds to help with this conservation effort.



**WE ARE AN
OFFICIAL
CORPORATE
PARTNER OF
SAMFORD
ATHLETICS**



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Birmingham, Alabama 35243
United States



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NEWSLETTER OCTOBER 2021

Beside the normal stuff, we also clean:

- Wedding Gowns
- Area Rug Cleaning
- Suedes and Leathers
- Purses, luggage and backpacks
- Ugg Boots
- Wash Dry & Fold

And we do...

1. We are a Certified Wedding Gown Specialist
2. We are part of the Certified Restoration Drycleaning Network (CRDN) - We handle textile and electronics restoration due to damage from smoke, fire, water and mold.
3. Home and office dry cleaning pickup and delivery
4. Wash Dry & Fold service - including Champion Hamper service



Halloween Jokes

Q: When is a pumpkin not a pumpkin?

A: When you drop it; then it's squash!

Q: Why do Jack-o-lanterns have stupid smiles on their faces?

A: You'd have a stupid smile, too, if you had just had all your brains scooped out!

Q: What is a black cat's favorite song?

A: Three Blind Mice!

Q: Why does the Boogeyman scare people?

A: Because they don't clean their closets!

Q: What does Frankenstein's monster call a screwdriver?

A: Daddy!

Q: What would you call the ghost of a door-to-door salesman?

A: A dead ringer!

Time To Do This...

- Service Heating and Cooling System
- Inspect and Repair Roof
- Inspect and Clean Fireplace and Chimney
- Trim Tree Limbs Near Roof and Chimney
- Check Fire Extinguishers
- Cut and Stack Firewood
- Clean and Lubricate Garage Door
- Kiss Your Spouse Minimum Once a Day
- Say "I love you" at least one a day
- Count Your Blessings Every Day